
Accreditation Guidelines

For Practitioners Seeking Accreditation

Accreditation is a key part of how Mellow Parenting supports practitioners to deliver our programmes with fidelity, confidence, and quality. This page sets out what you need to do, and when, to successfully achieve and maintain your accreditation.

What is Accreditation?

Accreditation recognises that you have delivered a Mellow Parenting programme to the required standard. It is renewed every two years and requires you to:

- Complete pre and post impact data for your group
- Participate in at least one Reflective Consultation (RC) during your programme delivery
- Submit your data and RC within the required timeframes set out below

Requirements for Accreditation

1. Pre and Post Impact Data

You are required to complete pre and post impact data for every group you deliver. This data must be submitted to evaluation@mellowparenting.org Mellow Parenting no later than 10 working days after your group or programme has ended.

Deadline

Submit pre and post impact data within 10 working days of your group ending.

For any questions contact evaluation@mellowparenting.org

2. Reflective Consultation (RC)

Reflective Consultation is a supported space for you to pause, reflect on your delivery, and receive guidance from one of our RC Consultants. It is one of the most valuable parts of the accreditation process — and of your ongoing development as a practitioner.

The RC is most meaningful when it takes place while your group is still running. This is when the experience is fresh, when reflection is most useful, and when any guidance can directly benefit the families you are working with.

When to Book Your RC

Book your RC as early as possible — ideally at the point of planning your group, and before your group begins.

Your RC should take place during your programme delivery, preferably within the first half of the programme. Please note that arranging a suitable time can take around four weeks, so early booking is essential — particularly for shorter programmes such as Mellow Growing Together (8 sessions).

There is a space on the RC request form to specify your planned group dates. Use this to help us schedule your RC in good time.

Access the Request Form [HERE](#)

Timeframes at a Glance**Step 1: Plan your group**

Register your group with Mellow Parenting and submit your RC request as soon as your group dates are confirmed.

Include your planned start and end dates on the request form.

Step 2: During delivery

Participate in at least one RC session while your programme is running.

Ideally, this should take place within the first half of your programme.

Two RCs are recommended for Going Mellow, Mellow Ability, and Mellow Futures.

Step 3: After your group ends

Submit your pre and post impact data within 10 working days.

If your RC has not yet taken place (for example, due to scheduling difficulties), it must be completed as soon as possible after your group ends.

A grace period of up to 4 weeks after the group has ended may be considered in exceptional circumstances. This is at the discretion of your RC Consultant.

Training Certificate Renewal

Training certificates are valid for two years from the date of issue. To keep your accreditation active, you must deliver the programme and complete the required accreditation processes within that two-year period.

If you continue to deliver programmes and meet the accreditation requirements, your accreditation will automatically renew for a further two years.

If Your Certificate Expires

If you do not deliver a programme or complete the accreditation process within two years, your training certificate will expire and you will be required to complete Mellow Parenting training again before delivering the programme.

Practitioners who are actively in the accreditation process, or who have attempted accreditation but experienced technical difficulties, will be considered on a case-by-case basis.

Why These Requirements Matter

These guidelines exist to protect the quality and integrity of Mellow Parenting's programmes — and ultimately to ensure the best possible outcomes for the families you work with.

Reflecting on your delivery whilst the experience is still live allows RC to do what it is designed to do: provide real support, meaningful learning, and a genuine quality assurance process — not just a box to tick.

Need Help?

If you have any questions about the accreditation process, timelines, or how to submit your RC request, please get in touch with our Training and Accreditation team:

enquiries@mellowparenting.org

evaluation@mellowparenting.org

+44 141 445 6066

You can submit your RC request directly via the accreditation section of our website or [here](#)

We want every child – wherever they are in the world – to be part of a safe and nurturing family.

Mellow Parenting | Charity Registered in Scotland SC037384
