CHARITY NO: SC037384

COMPANY NO: SC349127

MELLOW PARENTING LIMITED

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2026

MELLOW PARENTING LIMITED

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REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2026

REFERENCE AND ADMINISTRATIVE INFORMATION

Trustees	Robin Balbernie Joy Barlow MBE Samuel Marriot-Dowding Gillian Croan Dawn Finlayson Ian Milligan George Mulveny Barbara Southern Rosemary Mackenzie Janie Kerr Law
Principal Office	Unit 4 Six Harmony Row Glasgow G51 3BA
Charity Number	SC037384
Company Number	SC349127
Independent Examiner	Wbg Services LLP 168 Bath Street Glasgow G2 4TP
Bankers	Royal Bank of Scotland 69 High Street Irvine KA12 0AL Redwood Bank Suite 101 The Nexus Building Broadway Letchworth Garden City Hertfordshire SG6 3TA
Solicitors	Morton Fraser Solicitors 145 St Vincent Street Glasgow G2 5JF

MELLOW PARENTING LIMITED

Report of the Trustees for the year ended 31 March 2026

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2026.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended), the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) published on 16th July 2014.

The legal and administrative information on page 1 forms part of this report.

Trustees:

The Trustees who served during the period and since the period end (unless otherwise stated) were as follows:

Joy Barlow MBE
George Mulveny
Robin Balbernie
Gillian Croan
Dawn Finlayson
Samuel Marriot-Dowding
Ian Milligan
Barbara Southern
Rosemary Mackenzie
Janie Law

Senior Team:

Raquib Ibrahim	Chief Executive Officer
Jacqueline King	Finance and HR Officer
Stewart McLean	National Development Officer

Objectives and activities

The objectives of Mellow Parenting as set out in its governing documents (Memorandum and Articles of Association) are:

- The advancement of the mental health and development of children.
- Education, training and research to enhance the capabilities, skills and understanding of parents and carers to enable them to support the mental health and development of children.
- Provision of training and support for families where parents or carers or children have or are at risk of experiencing difficulties in parents/carer and child relationships or mental health difficulties.

MELLOW PARENTING LIMITED

Report of the Trustees for the year ended 31 March 2026

Our Vision

We want every child, wherever they are in the world, to be part of a safe and nurturing family that will allow them and future generations the best possible start in life.

Our Mission

Our mission is to make a difference. We do this by:

1) Creating, researching, developing and sharing attachment-based parenting programmes which reflect universal principles in local contexts;
2) Providing families with the opportunity to make positive change in their life and build better relationships, benefitting future generations;
3) Gathering evidence of all our work in order to ensure that our programmes are improving lives; and
4) Using our experience and expertise to influence and participate in local and national policy making.

Our Values

The decisions we make will be guided by our core values:

- **Nurture:** We will nurture and support each other, our practitioners, organisations and families who encounter us.
- **Inclusive, Accessible and Open:** We will strive to be as inclusive, accessible and open as possible.
- **High Quality and High Standards:** We will make decisions to be the best at what we do. High quality and high standards are important to us.
- We want everyone we come across to have the best possible experience of Mellow Parenting.

Achievements and Performance

Mellow Parenting is delighted to present a review of achievements and performance for the year 1 April 2025 to 31 March 2026, a year that we look back on with genuine pride. Against a backdrop of significant challenge across the third sector, our team has demonstrated remarkable dedication, creativity, and resilience. From expanding direct delivery across Scotland to securing DfE approval for programmes within English Family Hubs; from delivering training to the Māori Ministry of Health and Social Care in New Zealand to launching a feasibility research project in Australia, this has been a year of real and meaningful progress on multiple fronts.

Achievements and Performance (continued)

Organisational

The funding environment has continued to be demanding, with increased competition for grants, shifts in funder priorities, and pressure on local authority training budgets. These are real and ongoing challenges that we do not underestimate. But they have also sharpened our thinking, strengthened our partnerships, and accelerated our drive towards a more diversified and sustainable income base. The commitment, adaptability, and attention to detail shown by every member of the Mellow team, particularly in monitoring and managing our financial position has been exemplary.

Staff report to the Board via quarterly reports, enabling the Board to:

1. Receive information on the financial situation of the organisation.
2. Receive information on the fundraising activity of the organisation.
3. Consider the organisation's on-going activities via the Action Plan.
4. Recommend any change in activity.
5. Be alert to any major changes affecting possible contingencies.

Governance

- The Board continues to review good governance using SCVO’s guidelines, and continues with the Charity Excellence Framework Quality Award, promoting our due diligence and good governance. The Charity Excellence accreditation badge was successfully renewed for a further 12 months in March 2026.
- Quarterly board meetings were conducted throughout the year.
- A full-day annual strategy session was held in September 2025, leading to the agreement of three key strategic priorities for the forthcoming Strategic Plan 2025–2028: Income Generation, Direct Delivery, and Practice-Based Evidence.
- A Cyber Security risk assessment was completed and a review of PVG requirements for board members confirmed that no full PVG checks were required as board member roles do not involve regulated work.
- New OSCR requirements were implemented in compliance with the Charities (Regulation and Administration) (Scotland) Act 2023, with all board members informed accordingly and their details published on OSCR’s website.
- A position statement on sex-specific groups was drafted following the UK Supreme Court’s April 2025 judgment clarifying the interpretation of ‘sex’ under the Equality Act 2010, and submitted to the Board for approval.
- Ensured strict financial recording and monitoring of activities.
- Continuance of the Business Continuity Plan and success in monitoring and achieving Action Plan targets.

Achievements and Performance (continued)

Development

- Implemented a significant strategic shift towards direct programme delivery, alongside our continued workforce training model. Mellow now directly delivers programmes across Scotland in partnership with a range of local services.
- Progressed direct delivery of Mellow for Young People in partnership with Govan High School and Eastwood High School, enhancing delivery of Mellow programmes within secondary school settings in Scotland.
- Began partnership working with Edinburgh's third-sector organisations to deliver Mellow Growing Together citywide, the first Mellow activity in Edinburgh in over five years.
- Strengthened partnerships in Falkirk, Fife, West Lothian, and Stirling, with active programme delivery ongoing across these areas.
- Continued to grow our presence across England through the Family Hubs network. A significant milestone was achieved when Going Mellow and Mellow Growing Together were approved for use in St Helens and Walsall by the Department for Education, an important exception to the RCT-only evidence requirement.
- Continued to support delivery in Scotland through the CYPFEIF and Young Start funded projects.
- Hosted a successful Mellow Awards Ceremony in June 2025, celebrating the achievements of our practitioners.
- Hosted two Mellow Up! practitioner development events, in Stirling (August 2025) and Glasgow (November 2025).
- Hosted an in-person Trainer Day in March 2026, well attended by trainers from Scotland, Ireland, and England.
- Successfully migrated our CRM data to Beacon, our new system, with go-live expected by mid-May 2026.
- Project Data Genius (PDG) evaluation system went live, with data collection now underway.
- Completed bespoke customised illustrations for all Mellow programmes, launched at the AGM.
- Refreshed the Mellow website to include a page listing all past and present funders, and a new page on direct delivery in Scotland.

Workforce Development

- Trained 347 practitioners over 44 trainings across all Mellow programmes throughout the UK.
- Successfully delivered Mellow Conversations training for the Māori Ministry of Health and Social Care in New Zealand.
- Delivered Mellow Ability training across Fife (three programmes). A significant number of new practitioners were also trained in Mellow Ability across Glasgow, Falkirk and Fife, with plans to organise a Mellow Ability Connect event to grow the network and collect feedback to inform manual updates.

Achievements and Performance (continued)

- A highly experienced Mellow Ability practitioner since the pilot phase, joined the team as a trainer.
- Registered Mellow Parenting as a CPD UK Certified Organisation. Following a comprehensive review of training materials, including improvements to copyright compliance, learning outcomes, and resource quality, Mellow Conversations was submitted for CPD UK assessment and accreditation.
- In total, 33 practitioners from Scotland, England, Northern Ireland and Turkey were accredited, demonstrating the continued international reach of Mellow's quality assurance processes.

Accreditation and Quality Assurance — Policy Changes Effective April 2026

- At the final quarterly meeting of 2025–26, a series of changes to the accreditation and certification process were agreed, to take effect from April 2026. These changes are designed to strengthen quality control, improve programme fidelity, and enable Mellow to maintain a clearer picture of active, qualified practitioners.
- BEACON, Mellow's new CRM database, will enable the team to track practitioners with certificates approaching expiry and to implement proactive communications encouraging them to re-train or to update Mellow on their delivery activity. This will also provide a clearer understanding of Mellow's presence, reach and number of active practitioners, supporting future promotion and funding applications.

Research and Evaluation

- Detailed Theories of Change and Logic Models were developed for all Mellow Parenting programmes, providing a strong theoretical framework and supporting engagement with commissioners, funders and researchers.
- A paper is currently in preprint awaiting confirmation of final revisions: Kromhout, M., Golds, L., McCrae, D., Dagli, T., Dagli, F., & Sethna, V. — Mellow Growing Together in Türkiye: Effectiveness of an online, group-based parenting program for low-risk mothers and their toddlers.
- Three international peer-reviewed papers were submitted in December 2025: Online Mellow Growing Together in Turkey; Mellow Babies and Toddlers (GM) in Tajikistan; and Online Mellow Growing Together in North Macedonia.
- Two peer-reviewed papers were accepted in the previous year (Mellow Bumps in Turkey and Mellow Babies & Toddlers in Moldova) and continue to be used to strengthen our evidence base.
- Coffee and Connections, our rebranded monthly journal and learning session, was held every month throughout the year, supporting shared learning and reflection among practitioners and the research team.
- The Project Data Genius (PDG) system for collecting and analysing programme data was developed and is now being tested with live data, marking a significant step forward in Mellow's evaluation capability.

Achievements and Performance (continued)

- A research proposal is being compiled in collaboration with the Universities of Edinburgh and Salford.
- KCL placement student produced a report on written feedback from practitioners and participants in the Bumps and Mellow Growing Together programmes in Türkiye, presented at the April Coffee and Connections session and the Turkish Online Mellow Connect session.
- Last year's KCL student completed her Turkish Mellow Growing Together outcomes paper, submitted it for peer review, and revised it following reviewer feedback.
- Contracts for an Australia-based feasibility research project (University of Western Australia) were finalised, with training planned for July 2026 and group delivery to complete by December 2026.
- 64 programme evaluation reports were produced and distributed to services throughout the year.
- A new Parents Connect event was held, engaging with eight parents to collect richer qualitative feedback through artwork and interviews, enriching our understanding of participant experience.
- We ran two focus groups with Mellow Ability participants and practitioners at Isobel Mair School.
- COPE Scotland resources were successfully uploaded to the Mellow practitioner website following COPE Scotland's decision to close, preserving over 30 years of high-quality practitioner wellbeing resources.

International Activities

Mellow Parenting is based in the UK but has a significant international reach. Key international activity in 2025–26 included:

- **Turkey:** The Mellow Connect: Istanbul event was held 20–24 October 2025 — a special two-day in-person gathering focused on 'Connecting and Celebrating.' The event included interactive workshops, programme updates, and the presentation of the Service Innovation and Improvement Award to Günyüzü Derneği. Turkish Mellow activity continues to grow, with increased practitioner engagement, social media activity, and continued accreditation.
- **New Zealand:** Mellow Conversations training was delivered to the Māori Ministry of Health and Social Care teams, receiving very positive feedback.
- **Kenya:** A funding proposal was submitted to the Good Start Challenge Fund in collaboration with Solidarity Initiative for Refugees (SIR), which serves over 300,000 refugees. A larger three-year funding proposal is in development.
- **Australia:** Contracts for a feasibility study of Mellow Growing Together with the University of Western Australia were signed. The project is fully underway, with training planned for July 2026.
- **Moldova:** The first-ever evaluation outcomes paper on Mellow's work in Moldova was published and is being used to support future funding bids.

Achievements and Performance (continued)

- **Republic of Ireland:** Post-Brexit delivery issues for training manuals were resolved through EORI number registration, ensuring continued delivery.
- **North Macedonia and Tajikistan:** Three research papers from these contexts were submitted for peer review in December 2025.

Policy and External Engagement

- Completed a detailed Scotland Stakeholder Engagement Map for 2026/27 to guide strategic networking and policy engagement.
- Mellow Parenting joined relevant APPGs and CPGs across England and Scotland, including First 1001 Days, Family Hubs, Fatherhood, Children and Young People, Shared Parenting, and Social Work.
- Parliamentary and policy events attended include: APPG on Babies (28 January); NESTA: In Conversation with Olivia Bailey MP, Minister for Early Education (10 February); APPG on Family Hubs (24 February); and CPG on Children and Young People (4 March).
- Attended the NESTA launch of A New Era for the Early Years (July 2025), linked to the UK Government's Family Hubs expansion (2025–2028).
- Continued participation in the GAMMH steering group and the Parenting Programme Alliance (PPA), working with partners to advocate for a broader definition of evidence for parenting programmes that extends beyond large-scale RCTs.
- Supported the Scottish arm of the Maternal Mental Health Alliance in its grassroots research in preparation for a white paper ahead of the May 2026 election.
- Connected with NHS Education for Scotland (NES), who reaffirmed Mellow Parenting's inclusion in the NES Parenting list of recommended programmes.

Corporate Partnerships

2025–26 marked an important strategic shift for Mellow Parenting, the decision to invest seriously in building corporate partnerships as a meaningful and sustainable income stream. This reflects a growing recognition that Mellow's values and impact resonate beyond the public and third sectors, and that the right corporate relationships can bring both financial return and broader visibility.

To support this, we formally engaged the Remarkable 10 Accelerator Programme in October 2025, delivered by Remarkable Partnerships. A bespoke workshop for the Mellow team and Board was delivered in January 2026, and contact mapping was completed during January–April 2026. The programme officially commenced on 22 April 2026, with objectives agreed for March 2027: a prospect pipeline of at least six companies, two meaningful corporate partnerships secured, and a tangible financial return generated.

Achievements and Performance (continued)

Funders

Securing and maintaining funding in an increasingly competitive landscape requires significant effort, and we are deeply grateful to all funders who supported Mellow Parenting's work during 2025–26. Their investment has been instrumental in enabling us to deliver, develop and grow our programmes across the UK and internationally.

- Scottish Government / Corra Foundation — Children, Young People and Families Early Intervention Fund (CYPFEIF): continuing to March 2026, with annual report and targets met.
- National Lottery Community Fund (Young Start): supporting the Mellow for Young People project, with annual report submitted.
- Inspiring Scotland (Perinatal Infant Mental Health Programme): funding concluded during the year.
- Henry Smith Foundation: funded the CEO's Open University Leadership Module, successfully completed in March 2026.

Looking ahead, we have a number of funding bids in development and are actively pursuing multi-year grants, HSCP engagement, and corporate partnerships to build a more resilient and diversified income base. We remain committed to demonstrating the impact and value of our work to existing and prospective funders alike.

Thanks must also go to all Board members who give their time voluntarily and with commitment and professionalism. The Board continues to be grateful to the Chief Executive Officer, Raquib Ibrahim, and the wider Mellow team for their tireless dedication, creativity, and compassion in serving families and practitioners across the UK and internationally.

The Board would also like to congratulate the CEO and National Development Officer on their successful completion of additional professional qualifications and recognise their commitment to ongoing learning and development.

Financial review

Total income for the year end was £366,938 (2025: £372,819).

Total expenditure on charitable activities was £385,769 (2025: £355,387).

The overall result for the charity, being a net deficit position of £18,831 (2025: surplus of £17,432).

Investment policy and performance

The charity's banking policy is to minimise risk by holding liquid reserves in interest bearing bank accounts. The charity holds a mix of deposit and current accounts. The Board monitors this investment mix on a regular basis.

The investment income for the year ended 31 March 2026 is £3,463 (2025: £4,079).

Risk Management

Mellow Parenting has considered the significant risks, in particular those relating to the operations and financing of the charity. The most significant risks for 2025–26, together with the mitigating actions in place, are as follows:

- Decline in grant funding income, driven by oversubscribed funding streams, a sector-wide shift towards grassroots organisations, and budget cuts to local authority training spend. *Mitigation: We have responded by diversifying our income strategy, launching a dedicated Fundraising & Income Generation Strategy, engaging the Remarkable 10 Accelerator Programme to develop corporate partnerships, and progressing multi-year grant funding bids. The Board monitors the financial position closely on a quarterly basis.*

- Reduction in training income from England, following the Department for Education's accreditation of a limited number of parenting programmes for use within Family Hubs, which initially excluded Mellow Parenting. *Mitigation: A significant step forward was achieved this year when Going Mellow and Mellow Growing Together were approved for use in St Helens and Walsall, an important exception to the RCT-only evidence requirement. We are actively engaging with the DfE to push for wider inclusion across the Family Hubs network.*

- Staff retention and capacity, including the challenges of delivering a growing direct delivery model within existing team resources. *Mitigation: We continue to invest in staff wellbeing and development and maintain a hybrid working model. We are actively seeking funding for direct delivery that will enable us to recruit dedicated project delivery staff, building capacity, sustaining momentum, and easing pressure on the existing team. Staff are actively involved in the Action Plan, ensuring shared ownership of organisational priorities.*

- Reputational risk, as we rely on our staff and trainers to deliver high-quality promotion and training. *Mitigation: Quality assurance processes have been strengthened this year, including updated accreditation frameworks, CPD UK certification, and the introduction of expiry tracking through Beacon. Reflective coaching and practitioner support remain central to our delivery model.*

Risk Management (continued)

- IT and systems risk, email disruption occurred during the Christmas period; several staff laptops were identified as running unsupported software (Windows 10) and upgrades to Windows 11 were initiated. *Mitigation: Laptop upgrades are underway and a Cyber Security risk assessment was completed during the year. IT systems and risks continue to be monitored and reviewed regularly.*

These risks, together with other matters, are reviewed on a quarterly basis by the Board and the CEO.

Reserves Policy

The charity has total funds of £269,709 (2025: £288,540), all of which are unrestricted.

The free reserves of the charity are £208,829 (2025: £229,878) this amounts to approximately 7 months based on 2025/26 expenditure levels. The target level of free reserves is 9 months and therefore falls short of target, the Board are focused on improving the position going forward.

Plans for the future

As we move into 2026/27, we do so with genuine momentum behind us. This has been a year of real strategic progress, from expanding direct delivery across Scotland to securing our first DfE-approved programmes in English Family Hubs, from launching in Australia to deepening our roots in Turkey and beyond. We remain firmly committed to our vision: that every child, wherever they are in the world, is part of a safe and nurturing family. But we are no longer simply holding that vision — we are building the infrastructure, the partnerships, and the evidence base to make it a reality at scale. The work ahead is ambitious. We are ready for it.

To reach this goal, we will amplify our visibility in a crowded space, actively listen to the voices of those we serve, and strengthen our team. Connected by our shared commitment to care for one another and fulfil our promises, we will continue to nurture and celebrate our practitioners and team members.

Our priorities for 2026/2027, as set out in the Strategic Plan 2025–2028, include:

- **Income Generation:** Secure sustainable and diversified funding through a coordinated, ambitious approach across multiple income streams. This includes progressing multi-year grant funding bids, deepening engagement with Health and Social Care Partnerships, and growing training income across the UK. A significant focus in 2026/27 will be the delivery of our corporate partnerships strategy through the Remarkable 10 Accelerator Programme with clear objectives to establish a prospect pipeline of at least six companies, secure two meaningful corporate partnerships, and generate a financial return by March 2027. Underpinning all of this will be the launch of a dedicated 12-month Fundraising & Income Generation Strategy, with SMART targets to track progress and ensure accountability.

Plans for the future (continued)

- **Direct Delivery:** Expand the direct implementation of Mellow Parenting programmes across Scotland, building on the strong foundations established in 2025–26. Having launched our strengthened delivery in Edinburgh, Falkirk, Fife, West Lothian, Stirling, and through our secondary school partnerships with Govan High School and Eastwood High School, we will now focus on consolidating these relationships and deepening impact in existing areas while identifying new opportunities for growth. We will continue to develop our partnership model, working alongside local services, third-sector organisations, and HSCPs to ensure Mellow programmes reach the families who need them most, delivered with the quality and consistency our evidence base demands.
- **Quality Assurance:** Strengthen the rigour and consistency of Mellow programme delivery through a renewed focus on accreditation and practitioner standards. We will progress CPD UK accreditation across all Mellow training programmes, building on the successful submission of Mellow Conversations for assessment this year. The updated accreditation framework including two-year certificates, expiry tracking through Beacon, and the introduction of Top Up sessions will be fully implemented, giving us a clearer and more accurate picture of our active practitioner base across the UK and internationally. This infrastructure is not just about compliance; it is about ensuring every family who encounters a Mellow programme does so with a practitioner who is skilled, current, and supported.
- **Research & Evidence:** Build and communicate a compelling, multi-layered evidence base that reflects the true breadth and impact of Mellow's work. We will progress peer-reviewed publications from Turkey, Tajikistan, North Macedonia, and Moldova; support the Australia feasibility study as it moves into delivery; and continue to deepen our research collaboration with the Universities of Edinburgh and Salford. The Project Data Genius evaluation system is now live with real data will be central to how we gather, analyse and report on programme outcomes going forward. We will also continue to advocate, through the Parenting Programme Alliance and directly with the DfE, for a broader definition of evidence that includes implementation data, parent voice, and workforce feedback alongside academic research.
- **Advocacy:** Strengthen our voice and influence at both Scottish and UK Government level, ensuring that Mellow Parenting is recognised as an essential partner in early years, perinatal, and family support policy. We will deepen our engagement with the Department for Education, building on the milestone achieved this year in securing Family Hubs approval, and using this as a platform to push for wider inclusion across the network. In Scotland, we will continue to engage with key policy makers, participate in relevant CPGs, and support the Scottish arm of the Maternal Mental Health Alliance as it prepares its white paper ahead of the May 2026 election. In England, we will maintain active participation in relevant APPGs, including First 1001 Days, Family Hubs, and Fatherhood. Central to our advocacy work will be the continued push through the Parenting Programme Alliance and our own direct engagement for a broader, more inclusive evidence framework that moves beyond RCT-only requirements and properly values the real-world impact of programmes like Mellow.

Plans for the future (continued)

- **International:** Continue to grow Mellow's global reach with purpose and rigour, ensuring that international expansion is matched by the same commitment to quality and evidence that underpins our UK work. Key priorities for 2026/27 include: completing the Australia feasibility study with the University of Western Australia through training and group delivery; exploring the Kenya pilot in collaboration with Solidarity Initiative for Refugees, subject to the outcome of the Good Start Challenge Fund bid; and continuing to strengthen our Turkish partnerships, building on the momentum of the Istanbul Connect event and the growing practitioner and research community there. We will also maintain and develop our relationships in New Zealand, Moldova, North Macedonia, and Tajikistan, where research papers are progressing through peer review. Each international context represents not just a delivery opportunity but a source of evidence, learning, and innovation that enriches Mellow's programmes globally.
- **Digital & Communications:** Raise the profile of Mellow Parenting and strengthen our connections with practitioners, funders, commissioners, and families through a bold and coherent digital presence. The launch of our dedicated 12-month Digital & Communications Strategy will provide the framework for this, with SMART targets to increase reach, engagement, and visibility across all channels. Beacon, our new CRM system, will underpin how we manage and grow our practitioner relationships and support income generation. We will build on the refreshed Mellow website, the new direct delivery pages, and our growing social media presence to ensure that Mellow's story and the stories of the families and practitioners we serve is told clearly, compellingly, and consistently.
- **Our People:** Recognise that Mellow's ability to deliver on every one of these priorities depends on the strength, wellbeing, and capacity of our team. Staff retention and capacity has been identified as a significant risk, and we are committed to addressing this proactively. We will continue with the hybrid working model and ensure every team member has a meaningful stake in the Action Plan. We will review team capacity in line with the demands of a growing direct delivery model, and ensure that investment in our people, their development, their wellbeing, and their working conditions remains a genuine organisational priority, not an afterthought. The same nurturing values we bring to families and practitioners must be reflected in how we care for our own team.

We will at the same time:

- Record Action Plan targets and report to the Strategy Group and Mellow Board on a quarterly basis.
- Continue to support Mellow Practitioners through their training, group delivery, reflective coaching, evaluation and accreditation globally.
- Ensure strict financial recording and monitoring, striving towards long-term financial resilience.
- Continue working with university partners to research and evaluate Mellow programmes and trainings.

Plans for the future (continued)

- Continue to place the voices of parents, young people, practitioners, commissioners, and partners at the heart of programme development, using their insights to shape delivery and identify opportunities to address gaps in service provision.

Structure, governance and management

Mellow Parenting Ltd was founded in 2006 and incorporated as a Company Ltd by Guarantee with Charitable Status on the 1 January 2009.

Mellow Parenting Ltd is governed by the Board of Trustees, which is composed of organisation members appointed and specified by the Memorandum and Articles of Association. Trustees are recruited through various methods, including exploring potential candidates, receiving recommendations from existing trustees and supporters, or general advertisement.

Trustees undergo Trustee Induction upon appointment, which includes:

- An introduction to the organisation's history, ethos and operation, with a full explanation of the part the Board plays in its governance and direction.
- Meet with Chair and Vice-Chair.
- Meet with Chief Executive Officer.
- Meet with general staff.

Trustees are encouraged to attend external Trustee training to update their skills.

Full Board of Trustee meetings are held four times per year to review and agree major areas of policy. One of the meetings is held over a full day and includes a performance review and setting objectives for the following year.

Responsibility for reviewing key areas of activity and policy are delegated to sub-committees who report back to the board meetings. These sub-groups each have a Terms of Reference and may include specialist co-opted members as well as Trustees, including:

- Human Resources Group
- Finance/Strategy Group
- Fundraising
- Short-term working groups for specific areas of work or planning
- Ethics Group

The day-to-day running of Mellow Parenting and the exercise of executive responsibility is delegated to the Chief Executive Officer.

Structure, governance and management (continued)

Prior to each Board meeting, the CEO prepares board papers which contain reports from the:

- CEO
- Finance & HR Officer
- National Development Officer
- Fundraising and Corporate Partnerships Lead
- Training and Accreditation
- Evaluation and Research.
- Digital Communications, Events & Marketing

These papers are circulated at least two weeks prior to Board meetings giving Trustees time to read, review and attend prepared for discussion.

The Trustees have a set salary scale in place on which all members of staff, including the CEO, are placed, commensurate with experience and comparable market value.

Mellow Parenting are committed Living Wage Employers and ensure all staff are paid in line with the guidelines set out.

All Trustees complete a Register of Interests, Related Parties and Fit and Proper person forms regularly.

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Mellow Parenting Ltd for the purposes of Company Law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland (FRS 102) and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the trustees and signed on their behalf by:

DocuSigned by:

Joy Barlow

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Name: Joy Barlow

Date: 15th July 2026

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS OF MELLOW PARENTING LIMITED FOR THE YEAR ENDED 31 MARCH 2026

I report on the accounts of the charity for the year ended 31 March 2026, which are set out on pages 18 to 30.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respects the requirements:

    - to keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
    - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

    have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed by:
Jenna Fair
9C3428960B23495...

Jenna Fair BA (Hons) ACCA
Wbg Services LLP
168 Bath Street
Glasgow
G2 4TP

Date: 15th July 2026

MELLOW PARENTING LIMITED
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31 MARCH 2026
(Including an Income and Expenditure account)

	Note	Unrestricted Funds 2026 £	Restricted Funds 2026 £	Total Funds 2026 £	*Unrestricted Funds 2025 £*	*Restricted Funds 2025 £*	*Total Funds 2025 £*
Income and endowments from:							
Donations and legacies	**4**	121	-	**121**	-	-	**-**
Charitable activities	**5**	196,365	166,989	**363,354**	219,423	149,317	**368,740**
Investments	**6**	3,463	-	**3,463**	4,079	-	**4,079**
Total income		199,949	166,989	**366,938**	223,502	149,317	**372,819**
Expenditure on:							
Charitable activities	**8**	218,780	166,989	**385,769**	206,070	149,317	**355,387**
Total expenditure		218,780	166,989	**385,769**	206,070	149,317	**355,387**
Net (expenditure) / income for the year		(18,831)	-	**(18,831)**	17,432	-	**17,432**
Transfers between funds		-	-	**-**	-	-	**-**
Net movement in funds		(18,831)	-	**(18,831)**	17,432	-	**17,432**
Funds reconciliation							
Total funds brought forward	**18**	288,540	-	**288,540**	271,108	-	**271,108**
Total funds carried forward	**18**	269,709	-	**269,709**	288,540	-	**288,540**

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

MELLOW PARENTING LIMITED

BALANCE SHEET AS AT 31 MARCH 2026

	Note	2026 £	2025 £
***Fixed assets*:**			
Intangible assets	**12**	11,125	8,641
Tangible assets	**13**	536	802
Total fixed assets		11,661	9,443
Current assets:			
Stocks	**14**	1,864	3,763
Debtors	**15**	10,874	26,395
Cash at bank and in hand		280,111	294,343
Total current assets		292,849	324,501
***Liabilities*:**			
Creditors falling due within one year	**16**	(34,801)	(45,404)
Net current assets		258,048	279,097
Net assets		269,709	288,540
The funds of the charity:			
Unrestricted funds	**18**	269,709	288,540
Restricted funds	**18**	-	-
Total charity funds		269,709	288,540

These accounts are prepared in accordance with the special provisions of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to the members of the company.

For the year ended 31 March 2026 the company was entitled to exemption under section 477 of the Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial period and of its profit or loss for the financial period in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

Approved and authorised for issue by the trustees and signed on their behalf by:

DocuSigned by:
Joy Barlow
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Name: Joy Barlow

DocuSigned by:
Barbara Southern
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Name: Barbara Southern

Date: 15th July 2026

COMPANY NO: SC349127

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2026

1. Accounting Policies

(a) **Basis of preparation and assessment of going concern**
The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charitable company constitutes a public benefit entity as defined by FRS 102.

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

(b) **Funds structure**
Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created funds for specific purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed, or through the terms of an appeal.

Further details of each fund are disclosed in note 18.

(c) **Income recognition**
Income is recognised once the charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Income from government and other grants, whether 'capital' or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

1. Accounting Policies (continued)

(c) **Income recognition (continued)**
Income received in advance of the provision of a specified service deferred until the criteria for income recognition are met (see note 17).

(d) **Expenditure recognition**
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings. For more information on this attribution refer to note (e) below.

- Costs of raising donations and legacies comprise expenditure incurred to attract voluntary income.
- Expenditure on charitable activities includes the direct costs incurred and other activities undertaken to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

(e) **Allocation of support and governance costs**
Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to independent examination and legal fees together with an apportionment of overhead and support costs.

Governance costs and support costs relating to charitable activities have been apportioned based on the number of individual grant awards made in recognition that the administrative costs of awarding, monitoring and assessing research grants, salary support grants and postgraduate scholarships are broadly equivalent. The allocation of support and governance costs is analysed in note 7.

(f) **Intangible assets**
Intangible assets shown on the balance sheet relates to development of the charity's website. Amortisation is charges as follows:

	Basis
Website development	25% on cost

(g) **Tangible assets**
All assets costing more than £1,500 are capitalised and valued at historical cost. Depreciation is charged as follows:

	Basis
Freehold and long leasehold buildings	25% on cost
Plant and equipment	25% on cost

1. Accounting Policies (continued)

(h) **Stock**
Stock is included at the lower of cost or net realisable value.

(i) **Debtors**
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

(j) **Cash at bank and in hand**
Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

(k) **Creditors and provisions**
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

(l) **Financial instruments**
The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

(m) **Employee Benefits**
The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets. The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received. Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

(n) **Pensions**
Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity contribution is restricted to the contributions disclosed in note 9.

(o) **Taxation**
The company is a charitable company within the meaning of Paragraph 1 Schedule 6 of the Finance Act 2010. Accordingly, the company is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 of Part 11 of the Corporation Tax act 2010 and section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied for charitable purposes only.

1. Accounting Policies (continued)

(p) **Judgements and key sources of estimation uncertainty**
In the application of the company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The trustees are satisfied that the accounting policies are appropriate and applied consistently. Key sources of estimation have been applied as follows;

Estimate	Basis of estimation
Depreciation and amortisation of fixed and intangible assets	Assets are depreciated and amortised over the useful life of the asset. The useful lives of fixed assets are based on the knowledge of the operations team, with reference to assets expected life cycle.

2. Legal Status

The charity is a registered Scottish charity.

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

3. Related party transactions and trustees' expenses and remuneration

The trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or kind (2025: £nil). During the year trustee travel expenses totalling £622 were reimbursed to two trustee (2025: £206 to one trustee). £537 of trustee expenses were waived during the year by 10 trustees (2025: £410 by 10 trustees).

There were no trustee donations made to the charity during the year (2025: none).

During the year no trustee or other person related to the charity had any personal interest in any contact or transaction entered into by the charity during the year (2025: nil).

4. Income from donations and legacies

	2026	2025
	£	£
Donations	121	-
	121	-

5. Income from charitable activities

	2026	2025
	£	£
Core	363,354	368,740
	363,354	368,740

6. Investment income

	2026	2025
	£	£
Interest on cash deposits	3,463	4,079
	3,463	4,079

7. Allocation of governance and support costs

The breakdown of support costs and how these were allocated between governance and other support costs is shown in the table below:

Cost type	2025 Total allocated	2025 Governance related	2025 Other support costs	Basis of apportionment
	£	£	£	
Salaries	61,739	9,261	52,478	*Time spent*
Total	61,739	9,261	52,478	

Cost type	2026 Total allocated	2026 Governance related	2026 Other support costs	Basis of apportionment
	£	£	£	
Salaries	64,783	9,717	55,066	*Time spent*
Total	64,783	9,717	55,066	

Governance costs:	2026	2025
	£	£
Independent examiners' remuneration	1,758	1,616
Board costs	1,276	1,185
Support costs (see above)	9,717	9,261
	12,751	12,062

Breakdown of governance and support costs by activity

	2025 Support Costs	2025 Governance Costs	2025 Total	2026 Support Costs	2026 Governance Costs	2026 Total
	£	£	£	£	£	£
Core	52,478	12,062	64,540	55,066	12,751	67,817
Total allocated	52,478	12,062	64,540	55,066	12,751	67,817

8. Analysis of expenditure on charitable activities

	2026 Core £	2026 Total £	2025 Core £	2025 Total £
Restricted project costs (including salaries)	166,988	166,988	149,317	149,317
Salaries not recharged	50,057	50,057	39,420	39,420
General expenses	10,477	10,477	8,296	8,296
Depreciation	266	266	72	72
Amortisation	4,306	4,306	1,653	1,653
Training costs	39,811	39,811	53,205	53,205
Research & development	180	180	459	459
Meetings, conference & events	3,577	3,577	3,293	3,293
Premises & office expenses	31,226	31,226	28,382	28,382
Staff travel & expenses	4,396	4,396	3,585	3,585
BSI, memberships & subscriptions	6,668	6,668	3,165	3,165
Governance costs (note 7)	12,751	12,751	12,062	12,062
Support costs (note 7)	55,066	55,066	52,478	52,478
	385,769	385,769	355,387	355,387

9. Analysis of staff costs and remuneration of key management personnel

	2026 £	2025 £
Salaries and wages	207,728	200,512
Social security costs	14,978	12,785
Employer contributions to defined contribution pension schemes	11,756	10,659
Total staff costs and employee benefits	234,462	223,956

No employees had employee benefits in excess of £60,000 (2025: £Nil).

	2026 No.	2025 No.
The average weekly number of persons, by headcount, employed by the charity during the year was:	8	8

	2026 £	2025 £
Key management personnel remuneration	64,783	61,739

10. Net income/(expenditure) for the year

This is stated after charging:	2026 £	2025 £
Depreciation	266	72
Amortisation	4,306	1,653
Independent Examiners Fees	1,758	1,616

11. Government Grants

	2026 £	2025 £
CYPFEIF – Scottish Government	145,513	145,514
	145,513	145,514

12. Intangible Assets

	Website Development £	Total £
Cost		
At 1 April 2025	11,947	11,947
Additions	6,790	6,790
Disposals	-	-
At 31 March 2026	18,737	18,737
Amortisation		
At 1 April 2025	3,306	3,306
Eliminated on disposals	-	-
Charge for the year	4,306	1,653
At 31 March 2026	7,612	4,959
Net book value		
At 31 March 2026	11,125	13,778
At 31 March 2025	8,641	8,641

13. Tangible Fixed Assets

	Fixtures, Fittings & Equipment £	Computer Equipment £	Total £
Cost or valuation			
At 1 April 2025	7,681	27,561	35,242
Additions	-	-	-
Disposals	-	-	-
At 31 March 2026	7,681	27,561	35,242
Depreciation			
At 1 April 2025	7,681	26,759	34,440
Eliminated on disposals	-	-	-
Charge for the year	-	266	266
At 31 March 2026	7,681	27,025	34,706
Net book value			
At 31 March 2026	-	536	536
At 31 March 2025	-	802	802

At 31 March 2026 all assets were used for charitable purposes.

14. Stock

	2026 £	2025 £
Stock	1,864	3,763
	1,864	3,763

15. Debtors

	2026 £	2025 £
Trade debtors	3,887	20,925
Other debtors	6,987	5,470
	10,874	26,395

16. Creditors: amounts falling due within one year

	2026 £	2025 £
Trade creditors	6,818	7,229
Other creditors and accruals	6,460	6,508
Deferred income (Note 17)	15,394	26,385
Taxation and social security costs	6,129	5,282
	34,801	45,404

17. Deferred income

	2026 £	2025 £
Balance as at 1 April 2025	26,385	27,630
Amount released to income earned from charitable activities	(26,385)	(27,630)
Amount deferred in year	15,394	26,385
Balance as at 31 March 2026	15,394	26,385

Deferred income comprises grant income and income from training sessions invoiced prior to the year end but not scheduled to take place until after the year end.

18. Analysis of charitable funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
Unrestricted funds					
Project Data Genius	-	-	-	6,665	6,665
Mellow Awards Ceremony	-	-	-	5,000	5,000
Turkey In Person Mellow Connect Session	-	-	-	5,000	5,000
Estimated Closure Costs	-	-	-	32,554	32,554
Fixed Assets	5,833	-	(1,725)	5,335	9,443
Total designated funds	5,833	-	(1,725)	54,554	58,662
General funds	265,275	223,502	(204,345)	(54,554)	229,878
Total unrestricted funds	271,108	223,502	(206,070)	-	288,540
Restricted funds					
PIMH Grant	-	3,803	(3,803)	-	-
CYPFEIF	-	145,514	(145,514)	-	-
Total restricted funds	-	149,317	(149,317)	-	-
TOTAL FUNDS	271,108	372,819	(355,387)	-	288,540

	At 1 April 2025 £	Income £	Expenditure, Gains/ (losses) £	Transfers £	At 31 March 2026 £
Unrestricted funds					
Project Data Genius	6,665	-	-	-	6,665
Mellow Awards Ceremony	5,000	-	-	-	5,000
Turkey In Person Mellow Connect Session	5,000	-	-	-	5,000
Estimated Closure Costs	32,554	-	-	-	32,554
Fixed Assets	9,443	-	(4,572)	6,790	11,661
Total designated funds	58,662	-	(4,572)	6,790	60,880
General funds	229,878	199,949	(214,208)	(6,790)	208,829
Total unrestricted funds	288,540	199,949	(218,780)	-	269,709
Restricted funds					
CYPFEIF	-	145,513	(145,513)	-	-
National Lottery Community Fund – Young Start	-	21,475	(21,475)	-	-
Total restricted funds	-	166,989	(166,989)	-	-
TOTAL FUNDS	288,540	366,938	(385,769)	-	269,709

18. Analysis of charitable funds (continued)

a) The unrestricted funds are available to be spent for any of the purposes of the charity.

The Trustees have created the following designated funds:

- Project Data Genius – This is the title given to the current project we are working on alongside Code Division to create a custom made evaluation data framework. We are moving away from the time consuming manual system used until now to a custom built AI based system to provide a modernised Evaluation Framework that can automatically download, match, clean, and integrate data, as well as generate custom reports.
- Mellow Awards Ceremony – We are hosting an awards ceremony on Friday 20th June 2025 to celebrate the success and achievements of Mellow Practitioners from the UK and Internationally.
- Turkey In Person Mellow Connect Session – We have a 10 year relationship with practitioners based in Turkey who over the last few years have really developed their Mellow Programme delivery work, we have never been able to support them in person with this work and have been invited this year to do so. We plan for two staff to travel to Turkey in October this year to host an in person Mellow Connect session to provide support and feedback to the practitioners in Turkey.
- Estimated Closure Costs - Our reserves policy has been reviewed and updated this year and we feel it is important to be aware of what our closure costs would be and ensure that this total is separate from our free reserves.
- Fixed Assets – Represents the amount of the charity's funds tied up in fixed assets.

b) Restricted funds comprise:

- CYPFEIF – Funded by the Scottish Government and Managed by The Corra Foundation. This grant is for core running costs for our work in Scotland around 3 main outcomes including:
  Parents / young people across Scotland will have stronger parenting and family capacity skills;
  Family support workers (FSW) across Scotland will have improved skills, knowledge and capacity to support parents; and
  The established Evaluation Framework will be used to continue building an evidence base for Mellow Parenting programmes and produce projects to link academia and practice.
- PIMH Grant – funding to enable the delivery of online Mellow Groups by Mellow Parenting - Mellow Bumps and Mellow Babies - which support and promote maternal, paternal and infant mental health.

b) Restricted funds comprise: (continued)

- Young Start Grant – funded by National Lottery, the Young Start grant is providing funds to train practitioners in our Mellow for Young People Programme and then to deliver this programme in partnership with other organisations across the Fourth Valley area over a three year period.

19. Net assets over funds

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2025 £
Fixed assets	-	9,443	-	9,443
Stock	3,763	-	-	3,763
Debtors	26,395	-	-	26,395
Bank & cash	245,124	49,219	-	294,343
Creditors	(45,404)	-	-	(45,404)
	229,878	58,662	-	288,540

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2026 £
Fixed assets	-	11,661	-	11,661
Stock	1,864	-	-	1,864
Debtors	10,874	-	-	10,874
Bank & cash	230,892	49,219	-	280,111
Creditors	(34,801)	-	-	(34,801)
	208,829	60,880	-	269,709